**Practical assignment: "My digital literacy and its application in everyday life"**

This assignment will help you take stock of your current digital literacy skills, understand their importance and reflect on where you can improve.

1. **By answering the questions, determine your level of digital literacy:**

* How often do you use your computer, phone or tablet?
* What activities do you use digital technologies for (e.g. work, learning, entertainment, communication)?
* Are you familiar with the basic data security and privacy rules?

1. **Make a list of your digital activities:**
   * List the apps, websites and devices you use for different activities (e.g. communicating, studying, searching for information).
   * Please specify the purposes for which you use them.
2. **Consider opportunities for improvement:**
   * What new skills or technologies would you like to master?
   * Are there any aspects related to digital security or creativity that you would like to strengthen?